



## CIPhER

### Center for Innovative Pharmacy Education and Research

#### This Month's Topics in Pharmacy Education Research

**Month:** July 2017

**Topic:** Wellness

**Number of Articles (%):** 24 (17.6%)

#### TITLES

1. **Improving Wellness by Improving Autonomy Through Physician Leadership Development**
  - a. Khan, T. W. (2017). Improving Wellness by Improving Autonomy Through Physician Leadership Development. *Academic Medicine*, 92(7), 895. doi:10.1097/ACM.0000000000001739
2. **In Reply to Khan**
  - a. Slavin, S. J. (2017). In Reply to Khan. *Academic Medicine*, 92(7), 895. doi: 10.1097/ACM.0000000000001764
3. **Addressing Digital Wellness in Contemporary Training and Practice**
  - a. Koo, K. (2017). Addressing Digital Wellness in Contemporary Training and Practice. *Academic Medicine*, 92(7), 897-898. doi: 10.1097/ACM.0000000000001737
4. **Wellness Programs in Medical School: Reevaluating the Current Paradigm**
  - a. Gaw, C. E. (2017). Wellness Programs in Medical School: Reevaluating the Current Paradigm. *Academic Medicine*, 92(7), 899. doi: 10.1097/ACM.0000000000001749
5. **Wellness: A Surgical Resident's Perspective**
  - a. Mittwede, P. (2017). Wellness: A Surgical Resident's Perspective. *Academic Medicine*, 92(7), 900. doi: 10.1097/ACM.0000000000001751
6. **The Culture of Perfection: A Barrier to Medical Student Wellness and Development**
  - a. Yanes, A. F. (2017). The Culture of Perfection: A Barrier to Medical Student Wellness and Development. *Academic Medicine*, 92(7), 900-901. doi:10.1097/ACM.0000000000001752
7. **Nonmedical Use of Prescription Stimulants by Medical Students: A Call to Action**
  - a. Cohen, J. L., Ma, E., and Rogers, A. J. (2017). Nonmedical Use of Prescription Stimulants by Medical Students: A Call to Action. *Academic Medicine*, 92(7), 901. doi: 10.1097/ACM.0000000000001753
8. **The Shadow of Shame**
  - a. Krishnan, A. (2017). The Shadow of Shame. *Academic Medicine*, 92(7), 901-902. doi: 10.1097/ACM.0000000000001754
9. **Moral of the Story: Combating Burnout and Apathy**
  - a. Obara, S. A. (2017). Moral of the Story: Combating Burnout and Apathy. *Academic Medicine*, 92(7), 902-903. doi: 10.1097/ACM.0000000000001756
10. **Using Hobbies as a Benchmark for Wellness in Medical Students**
  - a. McDermond, D. (2017). Using Hobbies as a Benchmark for Wellness in Medical Students. *Academic Medicine*, 92(7), 903-904. doi: 10.1097/ACM.0000000000001762
11. **Inspiration Repletion: A Missing Ingredient in Resident Wellness**
  - a. Lefkowitz, A. (2017). Inspiration Repletion: A Missing Ingredient in Resident Wellness. *Academic Medicine*, 92(7), 904. doi: 10.1097/ACM.0000000000001761
12. **Resident Burnout: Not Just for the "Long Hours" Specialties**

- a. Kasten, J. (2017). Resident Burnout: Not Just for the “Long Hours” Specialties. *Academic Medicine*, 92(7), 904-905. doi: 10.1097/ACM.0000000000001765
- 13. Incorporating Advocacy Training to Decrease Burnout**
  - a. Coutinho, A. J. and Dakis, K. E. (2017). Incorporating Advocacy Training to Decrease Burnout. *Academic Medicine*, 92(7), 905. doi: 10.1097/ACM.0000000000001760
- 14. Why I Don't Want a “Work–Life Balance”**
  - a. Saltzman, H. M. (2017). Why I Don't Want a “Work–Life Balance”. *Academic Medicine*, 92(7), 905-906. doi: 10.1097/ACM.0000000000001759
- 15. Burnout Among MD/PhD Trainees: The Forgotten Subgroup**
  - a. Vallerand, I. A. (2017). Burnout Among MD/PhD Trainees: The Forgotten Subgroup. *Academic Medicine*, 92(7), 906. doi: 10.1097/ACM.0000000000001757
- 16. Well-Being in Graduate Medical Education: A Call for Action**
  - a. Ripp, J. A., Privitera, M. R., West, C. P., Leiter, R., Logio, L., Shapiro, J., and Bazari, H. (2017). Well-Being in Graduate Medical Education: A Call for Action. *Academic Medicine*, 92(7), 914-917. doi: 10.1097/ACM.0000000000001735
- 17. Causes of Death of Residents in ACGME-Accredited Programs 2000 Through 2014: Implications for the Learning Environment**
  - a. Yagmour, N. A., Brigham, T. P., Richter, T., et al. (2017). Causes of Death of Residents in ACGME-Accredited Programs 2000 Through 2014: Implications for the Learning Environment. *Academic Medicine*, 92(7), 976-983. doi: 10.1097/ACM.0000000000001736
- 18. “It Feels Like a Lot of Extra Work”: Resident Attitudes About Quality Improvement and Implications for an Effective Learning Health Care System**
  - a. Butler, J. M., Anderson, K. A., Supiano, M. A., and Weir, C. R. (2017). “It Feels Like a Lot of Extra Work”: Resident Attitudes About Quality Improvement and Implications for an Effective Learning Health Care System. *Academic Medicine*, 92(7), 984-990. doi: 10.1097/ACM.0000000000001474
- 19. Healthy Exercise Habits Are Associated With Lower Risk of Burnout and Higher Quality of Life Among U.S. Medical Students**
  - a. Dyrbye, L. N., Satele, D., and Shanafelt, T. D. (2017). Healthy Exercise Habits Are Associated With Lower Risk of Burnout and Higher Quality of Life Among U.S. Medical Students. *Academic Medicine*, 92(7), 1006-1011. doi: 10.1097/ACM.0000000000001540
- 20. Effects of Mindfulness-Based Stress Reduction on the Mental Health of Clinical Clerkship Students: A Cluster-Randomized Controlled Trial**
  - a. van Dijk, I., Lucassen, P. L.B.J., Akkermans, R. P., van Engelen, B.G.M., van Weel, C., Speckens, A.E.M. (2017). Effects of Mindfulness-Based Stress Reduction on the Mental Health of Clinical Clerkship Students: A Cluster-Randomized Controlled Trial. *Academic Medicine*, 92(7), 1012-1021. doi: 10.1097/ACM.0000000000001546
- 21. Assessment of Burnout and Associated Risk Factors Among Pharmacy Practice Faculty in the United States**
  - a. El-Ibiary, S. Y., Yam, L., Lee, K. C. (2017). Assessment of Burnout and Associated Risk Factors Among Pharmacy Practice Faculty in the United States. *AJPE*, 81(4), Article 75.
- 22. Influence of Intimate Partner Violence and Depression on Undergraduate Nursing Students: A Literature Review**
  - a. Garner, A. K. and Sheridan, D. J. (2017). Influence of Intimate Partner Violence and Depression on Undergraduate Nursing Students: A Literature Review. *J Nurs Educ*, 56(7), 397-403.
- 23. Nursing Students' Perceived Faculty Support, Stress, and Substance Misuse**
  - a. Boulton, M. and O'Connell, K. A. (2017). Nursing Students' Perceived Faculty Support, Stress, and Substance Misuse. *J Nurs Educ*, 56(7), 404-411.
- 24. Meditation's Effect on Attentional Efficiency, Stress, and Mindfulness Characteristics of Nursing Students**
  - a. Burger, K. G. and Lockhart, J. S. (2017). Meditation's Effect on Attentional Efficiency, Stress, and Mindfulness Characteristics of Nursing Students. *J Nurs Educ*, 56(7), 430-434.