Taking action by service (TABS)

Information Session
August 17th, 2018

OUR MISSION

- TABS is an organization dedicated to promoting the profession of pharmacy through service to the community and school
- Gives students an opportunity to grow professionally by providing service to others

WHAT DO WE DO IN TABS?

GENERAL BODY MEETINGS

- 1 per month
  - 3 in the Fall
  - 4 in the Spring
- Event Updates
- Service activities
- Lunch provided!

GENERAL BODY MEETING ACTIVITIES

- Project Linus
- Bookmarks/Non-slip socks for UNC children Hospital
- Sole Hope
- Community Baskets
- Faculty Appreciation Gifts

COMMUNITY EVENTS

- Ronald McDonald House
- Brookdale (Nursing Home) Halloween Party
- Carolina Tiger Rescue
- Duke Lemur Center
- Red Cross Blood Drive
- New events each year!

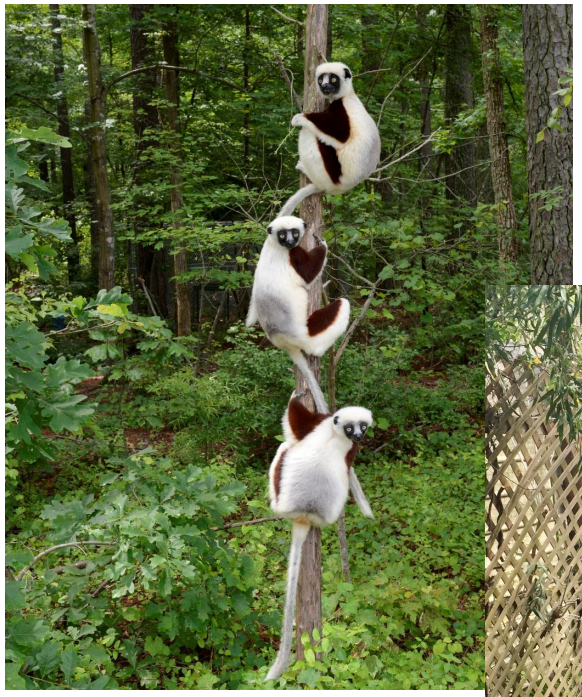
RONALD MCDONALD HOUSE

NURSING HOME HALLOWEEN PARTY

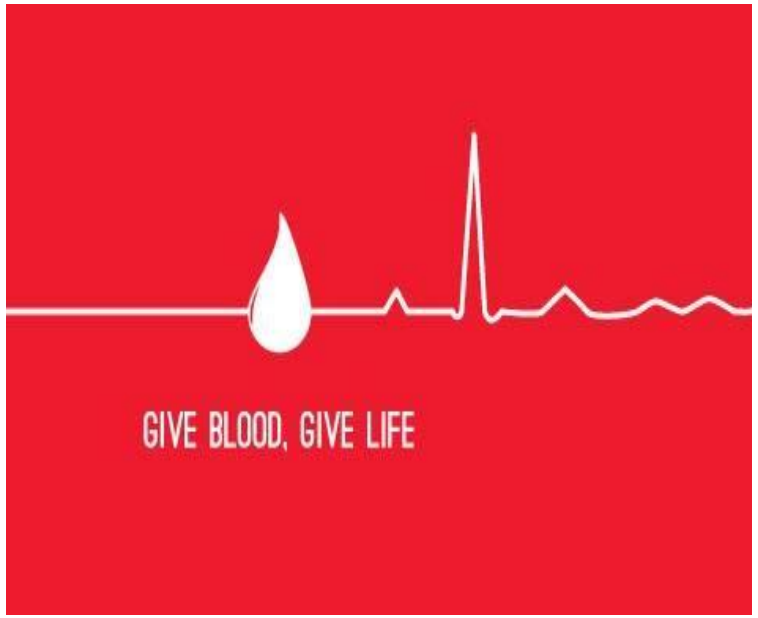
Halloween crafts with the residents!

CAROLINA TIGER RESCUE

DUKE LEMUR CENTER



RED CROSS BLOOD DRIVE



YOUR IDEAS!

Habitat for Humanity® of Durham

HOPE GARDENS

TABLE
feeding local hungry kids

OC Animal Care
Promoting Life Promoting Adoption

eenp
eyes ears nose & paws
partnering people with dogs

SOCIAL EVENTS

CPR CLASSES

September – November at UNC Eshelman School of Pharmacy

Meet the 2018-2019 Exec Team (and why they love tabs!)

PRESIDENT - EMMA FEDER

"I love TABS because of the community - both in terms of the friends I've made and the people we've gotten to serve throughout Chapel Hill and beyond!"

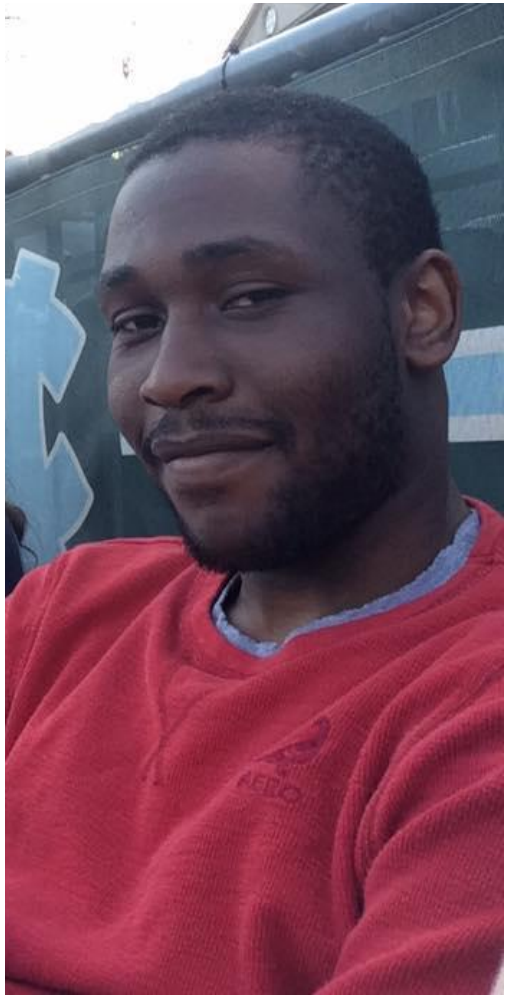
VICE PRESIDENT - ALEXIS ROBINSON

"I enjoy TABS because I get to take a step back from pharmacy and serve the community in other unique ways!"

SECRETARY - KELLY JAMIESON

"I joined TABS for the opportunities it provides members to become more involved in the surrounding community through engaging and meaningful service projects. TABS gives me the chance to step outside the realm of pharmacy and focus my attention on positively impacting people within my own community while working alongside other pharmacy students!"

TREASURER - BROCK RICHARDSON



"I like TABS because it's a good way to take a break from pharmacy and help out others in the community. When you get wrapped up in pharmacy you get into this bubble and you forget about those outside pharmacy, so TABS helps to put life back into perspective!"

SOCIAL CHAIR - ZANDER BEAMON

"I joined TABS because of of all the fun ways it allows me to give back to the community!"

HISTORIAN - POOJA PATEL

"I love TABS because it is a rewarding experience giving back to community and we get to use our creativity to make super fun crafts during almost all our meetings!”

SPECIAL PROJECT CO-COORDINATOR
TAYLOR SPRAGUE

"I love the larger volunteer projects that TABS advertised such as the Duke Lemur Center or working with The Ronald McDonald house, but I also really enjoy that at every meeting we do a small project such as cutting up materials to make shoes for kids in other countries or decorating socks for children in the hospital. These seem small, but they make a difference."

SPECIAL PROJECT CO-COORDINATOR
CARLEY TYSINGER

"My favorite aspect of TABS is the ability to give back to the community while also taking a break from pharmacy. I've also had the opportunity to volunteer at places like the Lemur Center that, without TABS, I probably never would have been to."

BLOOD DRIVE CO-COORDINATOR
ALICIA SCOTT

"I love TABS because it has given me an outlet for service unlike any other found at ESOP. The projects we complete during meetings allow me to decompress while benefiting others in our community. I hope you'll consider joining!"

BLOOD DRIVE CO-COORDINATOR
SARAH STEEDMAN

"I joined TABS because I think it is so important to give back to our community and serve others, and I love that TABS allows us to do that with our pharmacy peers while also representing our school! TABS is one of my favorite parts of being involved at the school."

PYI MEMBER-AT-LARGE

THIS COULD BE YOU!

LEADERSHIP OPPORTUNITY FOR FIRST YEARS

- **Apply to be the PY1 Member-At-Large**
  - Fill out an online application by September 28th by 5pm
  - Link will be posted in Sakai
  - Must pay dues before being considered
  - Announced via Sakai before 2nd GBM
- **Duties Include:**
  - Assisting Exec members with gathering supplies for meetings/events
  - Attending TABS Exec Meetings and helping contribute ideas
  - Planning Social Event in the spring

DO YOU WANT TO BE A PART OF TABS?

- **Requirement to be an ACTIVE member:**
  - Each semester attend at least 2 General Body Meetings
  - Participate in at least 2 community events (feel free to do as many more as you'd like!)
- **Yearly Dues: $15**
  - Make checks out to "TABS"
  - Place in Emma Feder's Folder (Class of 2020)
- Lunch is included at each GBM!

QUESTIONS?

- We are so excited about the upcoming semester and look forward to working with you!

- Mark your calendars for the First TABS GBM:
  - Wednesday, September 19th at 12 pm in Beard 200

- Deadlines for PY1 MAL application and Member Dues:
  - Friday, September 28th at 5 pm

- Email Emma at emma_feder@unc.edu with any questions!